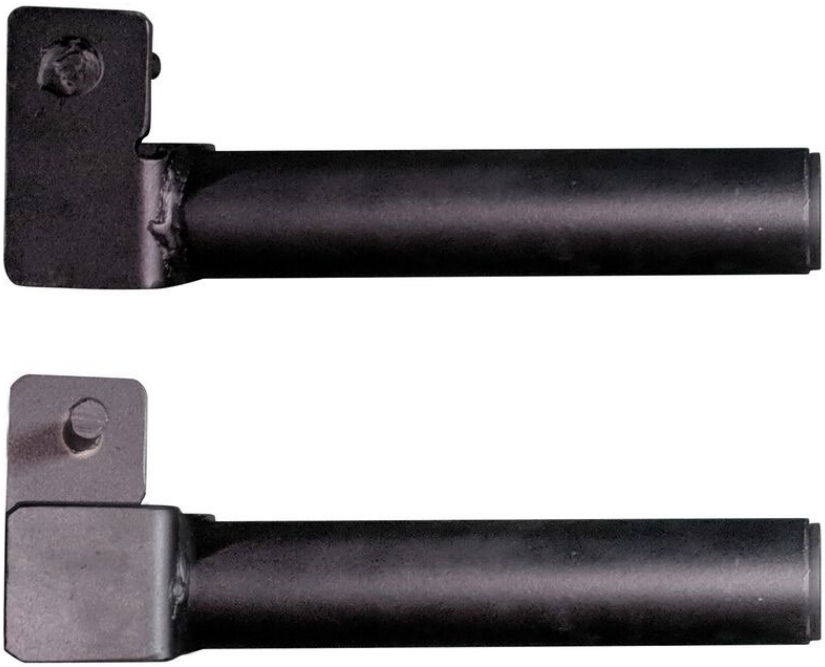


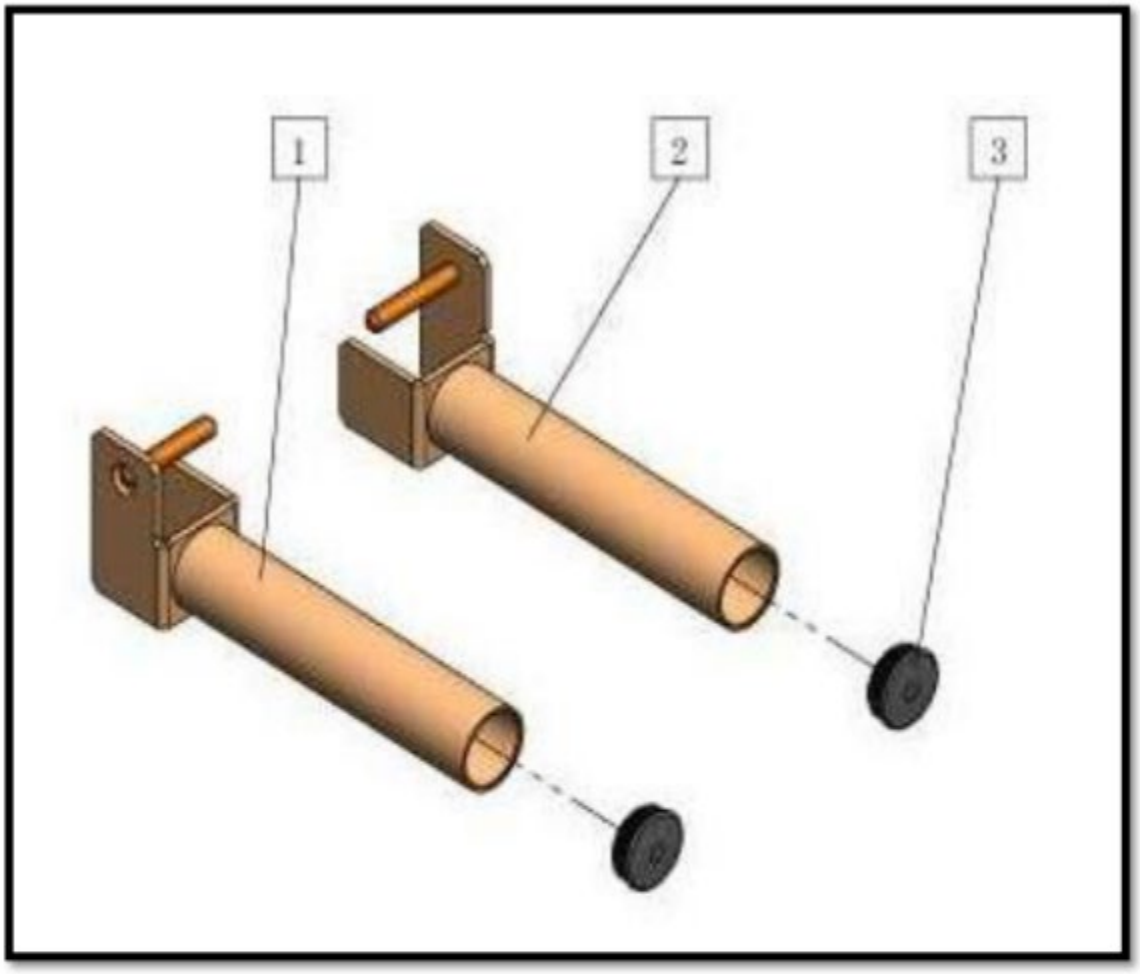
OWNER'S MANUAL

MPN(s): MFTSWHLD

SKU(s): 400362

UPC(s): 719318368510

PARTS DIAGRAM / EXPLODED VIEW



KEY	DESCRIPTION	QTY
(1)	WEIGHT HOLDER – L	x1
(2)	WEIGHT HOLDER – R	x1
(3)	TUBE END CAP	x2



This concludes the MFTSWHLD Owner's Manual.

If applicable to your product, make sure to tighten all nut-and-bolt combinations before use.

Enjoy!

DISCLAIMER

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

The use of any fitness equipment, including this one, involves the potential risk of injury. You accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur, and you fully and forever release and discharge Titan, its insurers, employees, officers, directors, associates, and agents from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of the use of said equipment.

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